

# **Community Support Programs**

# **Overview**

The Community Support Programs that we operate are based in two communities, one in Port Perry and the other in Uxbridge.

In simple terms, they are day time services designed to meet a wide variety of needs. For young people who are graduating from school and are so far unable to manage independently in the work force, the Community Supports Program can help the person to fashion a different but still very "Meaningful Day." This might include help to find and hold a job or a volunteer placement. It most certainly includes social, recreational and educational opportunities.

Our organizational vision is "a community where everyone is valued," so, at the Community Supports Programs, there is an emphasis on accessing the community and participating in it.

The people who participate in the Community Supports Programs generally live at home with their families; some of them have moved out and live on their own – with or without residential support from our agency. People who live in group homes have day time support already, but they and their support staff may choose to attend now and again if they have a particular interest in a scheduled activity at one of the Community Supports Programs. Both the Uxbridge and Port Perry programs publish regular newsletters to inform people about upcoming plans. People who live at home with their parents can participate on a full time or part time basis.

The quality of our services depends entirely upon our staff; they act as guides, mentors and coaches to the people we support. If we could afford it, we'd have one staff for every person that comes to the Community Supports Program; then everyone would be out exploring their community, all day, with individualized assistance.

But we can't afford so many staff. So, when some people are out in the community with one to one support, it's because several other people are in the Community Supports Program enjoying some kind of group activity with our other staff. Everyone gets out regularly, but everyone has to wait their turn, too.

#### **Applications for Service and Eligibility Considerations**

Throughout Ontario, people wishing to apply for this kind of daytime service must contact their regional DSO (the acronym for Developmental Services Ontario). The DSO that is concerned with Durham Region is housed at York Support Services Network. You can reach them at:

240 Edward Street, Unit 3, Aurora, ON, L4G 3S9 Toll Free 1-855-277-2121 Website dsontario.ca

We are happy to talk to people about our services in advance of the DSO becoming involved. We can also help people and their families to prepare for their initial contact with the DSO. But we cannot provide services to people until they have been deemed eligible by the DSO. To make this determination, DSO staff will ask for a psychological assessment and for documentation confirming age and Ontario residency.

#### **Contact Information**

Christie MacDermid is our Manager of Support Services and she will be your primary contact until such time as you have begun to receive service from the Community Supports Programs or another one of our various services. Christie can also help you navigate the process for applying to the DSO. Christie's number is 905-985-8511 x 239 and her email is <u>christie@cldn.ca</u>

Our website <u>www.cldn.ca</u>

Tanya Budgen, 905-985-9312 x 22 is the Manager of our Community Support Programs. Her email is <u>tanya@cldn.ca</u>

Our entire senior management team is at the following number (905-985-8511) and our receptionist or automatic directory will help to direct your call.

# **Our Locations and Hours of Operation**

16025 Old Simcoe Road Port Perry, ON 905-985-9312 x 27 *across from the fairgrounds*  23 Church Street Uxbridge, ON 905-852-2450 *just a couple of doors down from Main St.* 

Our head office, that you will probably come to for periodic meetings or educational events, is located at:

60 Vanedward Unit 2 Port Perry, ON 905-985-8511

We have not achieved full accessibility at any of these buildings, yet, but all of them can be accessed and utilized by people who use wheelchairs.

The Uxbridge Community Supports Program operates from 8:00 a.m. to 6:00 p.m. Monday to Friday.

The Port Perry Community Supports Program operates from 8:00 a.m. to 6:00 p.m. Monday to Friday.

Finally, a word about transportation: Long ago, when we were a much smaller organization, it was financially possible to operate a commuter service that brought people in to the one program we ran at that time, in Port Perry. Unfortunately, as we've expanded, we have not been able to expand this service, so it is now required that new users of the program get themselves to the Community Supports Program that they choose to use. We appreciate that this is a hardship, especially as people as far north as Beaverton look to us for the provision of developmental services.

# Your Rights as a Participant

Everyone supported by Community Living Durham North enjoys a variety of rights, but you need to know about them before you can exercise them. Along with this Service Description, you will be given our policy *B-24* - *Statement of Rights*. This list of rights was developed by the A-Team, a group of self-advocates who receive support from the agency.

If, at the conclusion of the application process, we are able to provide supports to you, and you choose to participate, we will begin to work together on the development of a Personal Support Plan. This plan will recognize your right to choose your own goals and to have help achieving them. It will also be necessary at that time for you to sign certain types of consent. For example, to help you achieve your goals our staff may need to have certain information. And, since you have a right to privacy, you will need to consent to them having this information.

# Your Responsibilities as a Participant

All of your rights have a different side to them - the responsibility side.

You have a right to choose your own goals, but you also have a responsibility to participate in planning.

You have a right to be safe; and you have a responsibility to abide by necessary rules that are designed to keep everyone safe, like participating in fire drills.

Finally, there is a cost associated with participation in some programs and where such is the case you will have to fulfill your financial obligation.